



CONSTRUCTION HELPER

We need Construction Helpers because of the invaluable support they provide in a team environment. By assisting Construction Miners and other skilled trades, they gain first-hand mining industry work experience that can open doors to a long and satisfying career.

COMPENSATION

\$23/hr	\$25/hr	\$32/hr
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AVERAGE

(Source: online job ads in Canada, 2025).

JOB PROSPECTS

Demand in Mining

1	2	3	4	5
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LIMITED

GREAT

Skill Transferability Among Other Industries

1	2	3	4	5
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LOW

HIGH

WHY ARE PEOPLE ATTRACTED TO THIS CAREER?

Construction Helpers want to gain practical experience while earning a competitive wage. This entry level position gives candidates the chance to prove that they are capable, while providing opportunities to train for jobs that require more experience or specific skills.

WHAT IS IT LIKE TO WORK AS A CONSTRUCTION HELPER IN MINING?

Note: conditions vary according to employer and region.

Construction Helpers are asked to help with a variety of tasks, which provides valuable experience and the opportunity to learn many new skills. Many tasks are physically demanding with prolonged periods of standing, bending, crouching or kneeling, and the need to lift up to 23 kg (50 lbs) (based on job research, 2014).

JOB DESCRIPTION

- Assist construction miners and other skilled tradespeople with a variety of tasks
- Select tools, equipment, or materials from storage, then load, transport and unload at job site
- Clean work areas, machines, or equipment, to maintain a tidy and safe job site
- Work with timber; for example, cut, glue, clamp, screw, drill, position or hold; erect scaffolding, shoring, or braces
- Mix, pour and spread materials such as concrete and asphalt
- Use hand and pneumatic tools, prying bars, rakes, shovels, wheelbarrows and other equipment
- Cut and install insulation and floor materials
- Oil and grease hoists and similar equipment
- Maintain, repair and paint as needed
- Carry out other duties as needed; for example, direct traffic at or near construction sites
- On-the-job training may be provided
- Some roles require traffic control or rigging certificates

JOB ENTRY REQUIREMENTS

Note: The requirements listed below illustrate what it takes to start the career and do not take into account on-the-job training given to new employees.

Fixed Requirements

- Physically fit and mobile
- Willingness to work in a diverse workplace
- Must be able to pass a medical test
- Must be able to pass a drug test
- Proficiency in language of operation

Regional Requirement

- Valid Construction Safety Training Systems (CSTS) certification

May be Required

- Provide own safety equipment (e.g. approved steel-toed boots, hard hat)
- High school diploma or equivalent
- Demonstrated ability to work under minimal supervision
- Valid driver's licence (or eligible for a driver's licence) with few or no current infractions
- Prior experience as general construction labourer may be needed

Assets

- Undergo a criminal record check
- Some apprenticeship training or other experience
- Knowledge of safe operation of hand tools
- Red Seal certification
- Willingness to relocate
- Other languages

SUCCESS PROFILE

- Follows clear policies and processes
- Comfortable working at heights
- Committed to safe work habits
- Enjoys hands-on work
- Good listening skills
- Mechanically inclined
- Positive attitude with a willingness to learn
- Willing to perform repetitive or routine tasks
- Works well with others